

## **Monica Ashford**

### **Biography**



**Monica Ashford** is a Development Consultant with the Organization and Human Resource Development section of the West Virginia Division of Personnel.

She instructs various courses offered by OHRD, some of which include *Critical Skills for New Supervisors*, *Project Management Primer: Communication Essentials and Creative Problem Solving*. Monica also researches and develops courses for online and face-to-face classes. Maintaining the idea that learning can occur at anytime, anywhere, and on any device, she embraces the use of technology to enhance the learning experience. Whatever the topic of knowledge, Monica's goal is to provide content that is useful and relevant to the learner.

Monica's diverse background in training and development has exposed her to a variety of roles and responsibilities in the area of adult learning. Her strong desire to help employees learn and grow inspired the design of training programs to increase skills and knowledge and develop potential leaders. As a subject matter expert, she contributed to the effectiveness of organizational operations while working on performance and leadership projects as well as company-wide human resource initiatives. Monica furthered her learning and development service as the president of an employee resource group where she focused on professional and personal development as a holistic approach to achievement.

She has a Master of Arts Degree from the University of Phoenix in Organizational Management and a Bachelor of Science Degree from the University of Charleston. In addition to her degrees, Monica has earned Master Certificates in Applied Project Management and Human Resource Management from Villanova University.

Outside of work, Monica is passionate about health and fitness. She enjoys working out, teaching Zumba, yoga, and helping people reach their health goals. She is also a registered yoga teacher.

One of her favorite thoughts is "Grow where you are planted," which she translates to, "In every situation, there is opportunity to serve and learn." The choice is yours.

Organization and Human Resource Development  
*"Facilitating Learning, Guiding Change Efforts, Improving Performance"*  
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